LOS ANGELES UNIFIED SCHOOL DISTRICT
REFERENCE GUIDE

TITLE: High School Implementation Plan for Meeting the Requirements of the No Child Left Behind Act (NCLB) of 2001 and the Title IV, Part A: Safe and Drug-Free Schools and Communities (SDFSC) Act

NUMBER: REF-3405.1

ISSUER: René Gonzalez, Assistant Superintendent Student Health and Human Services

DATE: September 22, 2008

PURPOSE: The purpose of this Reference Guide is to inform high schools of the mandated Title IV curriculum requirement for Grade 9 Health.

MAJOR CHANGES: This Reference Guide replaces REF-3405.0 of the same title dated January 3, 2007. This revision reflects the deletions of Attachments A-C and Project Northland; Class Action from the State-approved and District-adopted curriculum programs.

INSTRUCTIONS: BACKGROUND

The Health Education Programs (HEP) office and the Title IV, Part A: SDFSC and Tobacco Use Prevention Education (TUPE) Advisory Committee, in accord with the guidelines set forth by the federal government and the California Department of Education (CDE), have identified scientific-based and research-validated curriculums for each grade level in the District's LEA Plan. Only those curriculums approved by the state are to be used for violence-, alcohol-, tobacco-, and drug-prevention instruction for compliance.

The state's Categorical Program Monitoring (CPM) will be the monitoring mechanism in place, as required by the CDE to hold the District and all schools accountable for Districtwide implementation of the prevention education in violence and alcohol, tobacco, and other drugs (ATOD). It is the responsibility of the school-site principal to secure training and monitor implementation of violence- and ATOD-prevention education at each grade level by using the District-adopted programs.

RESEARCH-VALIDATED CURRICULUM FOR HIGH SCHOOL

Grade 9: *Project Toward No Drug Abuse* (12 lessons)

PROGRAM DESCRIPTION

The *Project Toward No Drug Abuse (Project TND)*, a District-adopted violence-
and ATOD prevention education program, is a highly interactive program
designed to help high school youth resist substance use. A school-based program,
Project TND consists of twelve 40- to 50-minute lessons that include motivational
activities, social skills training, and decision-making components that are
delivered through group discussions, games, role-playing exercise, videos, and
student worksheets. *Project TND* teaches participants increased coping and self-
control that allow them to: (1) grasp the cognitive misperceptions that may lead to
substance use and express a desire not to abuse substances; (2) understand the
sequence of substance abuse and the consequences of using substances; (3) correct
myths concerning substance abuse; (4) demonstrate effective communication,
coping, and self-control skills; and (5) state a commitment to discuss substance
abuse with others. The units are taught in consecutive order to ensure the fidelity
of the program.

Research has shown that schools using *Project TND* have reduced cigarette use by
27%, marijuana use by 22%, alcohol by 9%, and weapon possession among males
by 25%.

TRAINING

It is the responsibility of principals to ensure that training is provided for their
Grade 9 health teachers in *Project Toward No Drug Abuse (Project TND)* the
District-adopted violence- and ATOD- prevention education program. The
curriculums will not be released without appropriate training to ensure fidelity in
classroom instruction and teachers' knowledge of appropriate implementation
models that can be tailored to each school schedule and of sustainability strategies
to further support curriculum stability.

The *Project Toward No Drug Abuse* training is organized by the HEP office and
provides a one-day training for all Grade 9 health teachers. The training will
provide the skills and information needed to use the curriculum. Training sites
may vary to accommodate as many schools as possible. Each training session will
be open to a maximum of 60 teachers, and the curriculum will be sent to schools
once the participants have completed the training. The curriculum is taught by the
health teacher(s) during the semester health course in Grade 9. The principal can
directly contact the HEP office at (213) 241-2689 to inquire about the training.

DISTRIBUTION OF CURRICULUM

The HEP distribution warehouse will send the appropriate curriculum directly to schools. The curriculums are to be requested through the HEP office and will not be released to the school without clearance from the HEP office that the school has met all training requirements. An internal office distribution request form must be used to ensure accountability of curriculums, workbooks, and related materials.

MEASUREMENT AND EVALUATION

The HEP Office also administers the *California Healthy Kids Survey* (CHKS) every other year as a tool for measuring our outcomes and program effectiveness. Trend analysis is done to compare and monitor the schools and their performance levels on state tests to direct future strategic planning. Schools may be asked to participate in the collection of this data.

COMMUNICATION

The Health Education Programs office will be communicating directly with Local Districts, school sites, administrators, nurses, teachers, and selected central offices and departments in regard to trainings and other related activities. Communications will include online, electronic, U.S. Postal Service, and school mail from the Health Education Programs office, DARE Distribution Warehouse, and the Local District Title IV Advisers.

RELATED RESOURCES:	BUL-3403.1, "Meeting the Requirements of the No Child Left Behind Act of 2001 and Title IV, Safe and Drug-Free Schools and Communities Act."
ASSISTANCE:	For assistance or further information, please contact the Health Education Programs office at (213) 241-3570.